



RENAISSANCE®
ARUBA RESORT & CASINO



Indulge

An oasis of tranquility

On a sea of dreams

TWO UNIQUE WAYS TO TREAT YOURSELF

Choose indulgent treatments and workouts in the main spa at the Renaissance Marina Hotel. Or, for a singular experience like no other on Aruba, have your massage or specially designed treatment in the inspirational Spa Cove, featuring breathtaking beauty, secluded serenity, and calming breezes.

SPA SERVICES

Highly trained spa professionals treat guests to healing and energizing treatments designed to ease muscles, soothe frazzled nerves, promote circulation, rejuvenate skin, and eliminate toxins to promote an overall feeling of calm and well-being. Choose from luxurious body treatments, skin-illuminating facials, waxing, men's facials, and romantic couples' treatments.

SPA FACILITIES

For your comfort and pleasure, Okeanos Spa features the following:

- Facial and massage rooms
- Wet room
- Spa lounge
- Complimentary saunas
- Male and female locker facilities
- Juice bar
- High-speed Internet access
- Private Spa Cove on Renaissance Island
- Fitness center in the main spa and on Renaissance Island
- Protein shakes
- Depilatory services, eyelash tinting, manicures and pedicures available

EXERCISE AND FITNESS FACILITIES

Whether your goal is to firm and tone, lose weight, or increase overall energy and stamina, the staff at Okeanos is dedicated to helping you find fulfillment through the pursuit of health and fitness. Our facilities include:

- Cardiovascular area
- Weight machine area
- Free weight area
- Stretching area
- Outdoor fitness activities
- Aerobics and yoga lessons
- Tennis (on Renaissance Island)



*As the sea washes
in calming waves,
so too, are your cares
washed away.
For here is deep relaxation.
True rejuvenation.
And a heightening
of the senses.*

Signature Treatments at Okeanos Spa

Caviar Indulgence Facial

Treat yourself to the most exclusive Facial of Okeanos Spa. Our highly trained therapist will perform a Facial you will not forget. Your face will be cleansed while you enjoy the incredible scent of our products. Your skin will feel smooth and energized after a stone massage which starts with your hands. A beautiful black Caviar mask completes the treatment. For the next part your feet will be pampered while you enjoy a glass of Champagne (Moët & Chandon). The pampering of the feet inhales a foot soak, scrub and mask. **90 min. \$310**

The Facial Plus!

This indulgent treatment includes a complete facial as well as a massage of the hands, feet, neck, shoulders and scalp and ends with a manicure. **90 min. \$210**

Chocolate Embrace

Choose from deliciously scented oils enriched with vitamin E in chocolate raspberry, chocolate cherry, chocolate mint, or chocolate cake. Then enjoy a luscious chocolate bath and a luxurious chocolate massage. 25-min. Chocolate hydro 50-min. Chocolate Swedish massage, and 50-min. Chocolate wrap. **All for \$285**

Spice of Life Sampler

A variety of indulgences to leave you feeling perfectly pampered. Includes a mini-facial, your choice from one of four hydrotherapy baths, and a 25-minute swedish massage. **75 min. \$175**

Sea of Tranquility

Begins with the hydrotherapy bath of your choice, easing your senses and preparing your muscles for an incredible Swedish massage. **75 min. \$175**

Full Body Bliss Package

A beautiful way to total bliss. Experience a full body massage, wrap of your choice and a European facial. Start or end with a Manicure and Pedicure. Including a choice of one of our exclusive "Bento" salads and an especially for you freshly squeezed orange juice on a reserved seat at our pool deck. **4 hrs. \$410**

Energetic Man Facial

Deep mental relaxation Facial created for Men. Light impulses, peaceful music, intensive neck, face and scalp massage. Even your hands and feet will not be forgotten. Let the Caribbean atmosphere get to you while you de stress. The perfect way to start your vacation or get rid of your jet-lag. **75 minutes \$175**

Renaissance Island



Escape to your own private Spa Cove on Renaissance Island for the ultimate in spa treatments. All packages include entry and a one-day stay on Renaissance Island.

Sea Escape Treatments

This package includes:

- A tropical open-air massage at the Spa Cove
- Use of Renaissance beach towels and water floats
- Package without lunch includes one frozen drink per person
- Package with lunch from the Papagayo menu includes one frozen beverage, one soft drink, and one lunch per person

For one without lunch,
50 min. \$155 - 75 min. \$195

For two without lunch,
50 min. \$290 - 75 min. \$365

For one with lunch,
50 min. \$185 - 75 min. \$215

For two with lunch,
50 min. \$330 - 75 min. \$390

Sunset Massage for Two

This package includes:

- Use of the private cove, 4:00 pm–6:30 pm
 - Tropical open-air, 50-minute Swedish massage for two at 4:00 pm
 - A bottle of champagne or four frozen cocktails and a fresh fruit platter
 - Use of Renaissance beach towels and water floats
- \$440**

75 min. massage available at additional cost

Delightful Morning Package

- Use of private spa cove, 9:00 am–11:30 am
 - Tropical open-air, 50-minute Swedish massage for two
 - A bottle of champagne or four frozen cocktails and a fresh fruit platter
 - Use of Renaissance beach towels and water floats
- \$440**

75 min. massage available at additional cost

Deep-tissue massages are available at an additional cost of \$25 per person
Cold Stone Massages (60 minutes) available at an additional cost of \$35 per person
Upgrade your massage with a Reflexology (25 minutes) for \$55 per person

Massages

Relax while natural oils are massaged into your skin. Let your mind unwind so you can truly begin to experience the tropical paradise of Aruba.

Couple massage available at \$20 discount

Swedish Massage

This traditional method of massage uses rhythmic strokes to relax the muscles and improve both skin and muscle tone by increasing circulation.

25 min. \$65

50 min. \$115

75 min. \$140

Pregnancy massage available only between 3-6 months

Aromatherapy Massage

Aromatic essential oils are combined with massage to stimulate pressure points and improve blood flow throughout your body.

25 min. \$80

50 min. \$125

75 min. \$140

Deep-Tissue Massage

During this deep muscle sport massage treatment, your therapist focuses in specific areas of soreness while integrating stretching techniques.

25 min. \$85

50 min. \$140

75 min. \$160

Shiatsu Massage

Authentic Japanese Shiatsu massage brings your mind, body, and soul in harmony. Accompanied by sushi and two glasses of wine.

75 min. \$210

Romancing the Stone

Heated stones are massaged over the body, boosting the immune system, generating energy, and detoxifying the body while offering deep healing.

60 min. \$140

Reflexology

Targets pressure points on your feet that correspond to your vital organs in order to relax and heal you while increasing blood circulation.

25 min. \$65

50 min. \$110 includes foot mask

Abhyanga Massage

Four hands massage. A decadent full body Swedish massage performed by two therapists in unison to bring ultimate relaxation and pampering.

50 min. \$225





Facials

Our 50-minute facials are specifically designed to promote younger, healthier, and more radiant skin, including a deep-cleansing, exfoliating, hydrating mask, and instructions for home.

After-Sun Recovery Facial

This soothing facial helps to heal sunburns, using azulene and aloe to rejuvenate your skin and bring it back to life.

\$140

Luminous "Sea and C" Oxygenating Facial

Seaweed and Vitamin C are applied to restore luster to your skin with this hydrating and nourishing facial.

\$140

European Facial

To invigorate and refresh your face, regardless of skin type, your therapist exfoliates, steams, and massages your skin before cleansing your pores.

25 min. mini facial \$75

50 min. \$125

High-Performance Eye Contour Facial

This intensive eye contour treatment is designed to fight wrinkles, smooth creped skin, strengthen and firm eyelids, and eliminate dark circles.

\$140

Beauty Flash Facial

Perfect for any skin type with loss of elasticity, this all-natural treatment helps reduce the appearance of fine lines and wrinkles.

\$140

Royal Rose Facial

Serious skin care with Roses Rosacea line and Roses Delight Mask, this complete facial includes a pampering hand and foot treatment, plus a neck, shoulder, and scalp massage.

75 min. \$165

Fitness Facial for Men

This gentle, cleansing treatment helps tone skin while preventing and relieving razor burn.

\$125

Energetic Lunchtime Facial for Men

25-minute facial combines light impulses and music with an intensive neck, face, and scalp massage, followed by a special vitamin concentrate applied to restore and activate your skin.

\$85

De-Stress Eye Treatment

Marine Collagène gel and a Ginkgo Biloba eye mask specially designed to reduce fine lines and creping around eye area.

\$65 (combine with the facial of your choice and save \$20)

Perfect Kiss Treatment

Specially designed for skin repair around lip area. This treatment really improves fuller lips.

\$65 (combine with the facial of your choice and save \$20)

Body Treatments

Indulge in the natural therapies of moor mud, seaweed, or aromatherapy salts, as your therapist applies wraps that clean, soften, and nourish your skin and body.

Litho Cal Seaweed Exfoliation

Unique seaweed exfoliation treats sun-damaged skin by eliminating dead cells and toxins while bathing your skin in calcium, magnesium, sodium, iron, zinc, and more.

25 min. \$85

Body Polish

Jojoba granulates gently exfoliate your skin, leaving it cleansed, hydrated, and silky smooth.

25 min. \$85

Aromatherapy Body Salt Glow

Exfoliating sea salts and oils, a rinse with a Vichy shower, and an aromatic moisturizer.

25 min. \$85

Detoxifying Body Wrap

After your body is exfoliated, an algae mask is applied to help eliminate toxins and stimulates skin metabolism.

60 min. \$145

Revitalizing Body Wrap

Aromatic mud mask is applied after gentle exfoliation to relieve tense muscles and energize you.

60 min. \$145

HYDROTHERAPY TREATMENTS—25 MINUTES

The earth's natural oils and elements are absorbed by your skin, leaving you with a refreshed spirit.

Thalassotherapy Algae or Seaweed Bath

This bath both revitalizes and detoxifies. \$65

Moor Mud Bath

Alleviate aches, pains, rheumatism, and arthritis with this relaxing bath. \$65

Anti-cellulite Green Coffee Wrap

A warm green coffee mask is applied to the body then covered with foil. You are then treated to a scalp massage while this innovative wrap helps eliminate toxins and increase circulation and skin elasticity.

60 min. \$145

Desert Heat Body Wrap

Relax and let desert minerals heal and nourish your skin while helping to eliminate your aches, pains, fatigue, and stress.

60 min. \$145

Water Lily After-Sun Soothing Body Wrap

This soothing and cooling wrap contains white water lily and green tea extracts to decrease your skin's temperature and the discomfort resulting from sunburned, sensitive, or stressed skin.

60 min. \$145

Aromatherapy Oil Bath

This purifying bath is designed to relieve stress. \$65

Sea Salt and Essential Oil Bath

Relaxing and exfoliating hydro bath. \$65

*There is no better time to take care of yourself.
To ensure you receive the indulgence of your dreams,
please schedule your spa services in advance.*



OKEANOS
Spa

Please check in at the Spa reception desk at least 15 to 30 minutes prior to your appointment time so you can review your reservations, fill out a consultation card, and have time to relax in the sauna and Spa lounge before your treatment. Stop by the Spa reception desk at least one hour prior to treatments on Renaissance Island and collect your treatment voucher(s).

Hours of Operation

Fitness area: 6:00 am to 9:00 pm

Spa services: 8:00 am to 9:00 pm

For advance bookings call or e-mail us.

e-mail spa@arubarenaissance.com

297-583-6000, ext. 6176.

For more information, visit us on the web

www.renaissancearuba.com



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