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Media Kit: Spa

Guests Discover Pampered Paradise At Grand Cayman Marriott Beach Resort

GRAND CAYMAN -- Grand Cayman Marriott Beach Resort -- a newly reopened 307-room resort poised atop white sand contrasting deep emerald and turquoise swirled waters -- opens the doors to its intimate, serene sanctuary, La Mer Spa.

Gleaming with brilliant sunstrokes cast from a 15-foot tall windowed wall inviting guests to transcend their solid state and penetrate into a placid paradise, La Mer Spa offers a range of pampering pleasures, tranquil treatment rooms and a mood-altering spa menu. Named "Grand Cayman's Leading Hotel," by World Travel, the resort recently underwent a \$15 million redesign that included a complete reinvention of La Mer Spa. From Just for Men facials and age defying anti wrinkle treatments, to replenishing body wraps and comforting warm stone massages, La Mer Spa treats guests with celebrity-relished YonKa products and offers a sundry of spoiling services to soothe the mind, body and soul.

Greeted by delicate scents of essential aromatherapy oils, guests find immediate repose upon entering La Mer Spa. The sound of the 14ft. tall raining water wall mixes with soft entrancing tunes breezing through the air and warm natural lighting to create an ideal ambiance for complete relaxation. Immersing the senses in the sight, sounds and feeling of wellness, the expertly trained staff at La Mer Spa gently caters to the needs and desires of guests, while maintaining a professional and knowledgeable atmosphere. Guests indulge in a variety of treatments and services including facials, massages, manicures, pedicures and full hair salon services. The intimate quarters contain a sun-splashed waiting area, a couple's room with a Jacuzzi and both wet and dry individual treatment rooms.

For a truly island-style spa experience, guests receive treatments under a shady private cabana on the beach overlooking the swaying waters of the Caribbean, or in a nature-filled courtyard alive with tropical flowers, turtle lagoon and a butterfly garden. Caressing visitors with refreshing ocean breezes, swirling ceiling fans and the soft, swishing sounds of the nearby shore, the outdoor ambiance provides an ideal avenue for relaxation.

The La Mer Spa director and staff are expertly trained to pamper visitors with products by YonKa. Through the face, body and sun skincare collections, YonKa gives the skin the most precious gift that plants can provide -- enlivening essential oils charged with energy from the sun's rays. All products and therapies are hand crafted, plant-derived, holistically formulated, scientifically proven and customized for all skin types. YonKa successfully integrates the complex science of four botanical therapies -- aromatherapy, phototherapy, marine-therapy and fruit-acid therapy -- into a complete line of therapeutic, nurturing and healing products to custom fit each guest. Each ingredient has a specific role to nourish the skin: fruit

acids enhance and the complexion, vitamins combat free radicals and plant oils soften. Among the most celebrity sought-after treatment lines in the World, these luxurious products are must-haves to stars like Eva Longoria, Kate Hudson, Tom Cruise, Catherine Zeta-Jones, Brittany Spears and Hillary Swank.

Retreating to one of the five serenity-soaked treatment parlors, visitors transcend from "reality" into a world of complete relaxation with calm music, sweeping soft breezes, warm colors and inviting lighting. From head to toe treatments that activate the entire body, to hour-long pedicures that tend to the tiniest traits, the spa menu displays an extensive list of options. The perfect beginning to a day of sun and fun, The Sunrise de La Mer treatment allows guests wake up with a decongesting aromatherapy steam and then gently glide into an Éclat Contour eye opener treatment. This stress-relieving duo alleviates sinus pain, jet lag and facial and eye puffiness. The treatment is topped-off with a Soin Velours body polish to leave each body contour feeling more youthful, vibrant and luminous. Sure to build "alpha male" confidence, the Just for Men Facial leaves each rugged face firmer and younger-looking while effectively treating tired, razor-burned skin. This specialized treatment includes a citrus hydro-peel, essential oil spritzing, steaming, micro peeling, skin softening pre extractions, massage and firming eye and face masks.

The 2-in-1 Body Facial is for those seeking a healthy, sun-kissed glow without compromising the health of the skin. Perfect as a prelude to the summer season or to prolong a soaking suntan into the fall, the personalized treatment includes a full body aromatic compress, gentle exfoliation and self tanner application. Customized according to the state of mind, energy level and mood of the client, the luxurious aromatherapy massage rejuvenates the entire body from the inside out.

Whether taking control of an abnormally bad hair day or requiring a closer shave before the perfect proposal, the spa offers a full line of convenient beauty treatments. From hip hair styling and sun-kissed highlighting to polished pedicures and "wherever-waxing," the staff is trained to have guests looking their best with onsite services.

Guests looking to "reboot" after they "recline," mingle with some true Grand Cayman natives at Stingray City -- a shallow sandbar where hundreds of stingrays gather daily to greet visitors. Other guests preferring an active outlet consult the activity planners at the resort to arrange a multitude of excursions. From cruising to the bottom of the sea in a private submarine and exploring botanical gardens, to scuba diving ancient boat wrecks and snorkeling with stingrays, no desire is left un-met. Guests preferring a drier path, rove around the extensive shopping stops on Seven Mile Beach or through the quaint Capital, Georgetown. Grand Cayman is a duty-free destination, providing a manifold of opportunities to save on such items as watches, china, crystal, perfumes and fine jewelry.

After a day pampering, guests treat their appetites at one of the palate-pleasing restaurants or lounges located at Grand Cayman Marriott Beach Resort, featuring new personality, décor and cuisine. Overlooking the Caribbean, SOLANA ON SEVEN MILE BEACH offers the finest gourmet International alfresco dining experience on the island under an oceanfront open-air canopy and RED PARROT, a steak and seafood bistro, offers an authentic Caribbean-fusion menu. After dinner, meetings guests loosen their ties and saunter to BALBOA'S LOUNGE. Teeming with local artists, musicians and cigar rollers, BALBOA'S presents a list of more than 100 martinis, fine liqueurs and an extensive tapas menu.

After a day of rest and requiescence, guests retreat to one of the freshly refurbished 307 rooms and suites. Drenched in hues of gold, tangerine and avocado and accented with rich dark woods, all rooms offer high-speed wireless Internet, 310-thread count triple sheeting and marble bathrooms.

Each room provides a private balcony for stunning views of the sea or the lush garden courtyard alive with indigenous plants and local wildlife. In-room amenities include a mini refrigerator, which can be pre-stocked from a menu and tailored to the guest's liking, bathrobe, personal safe, hair drier, iron and coffee

maker.

The discovery of the Grand Cayman Islands by Christopher Columbus on his final voyage is where the New World began, and similarly a new world awaits at the Grand Cayman Marriot Beach Resort. To book a treatment at La Mer Spa guests call toll-free (800) 399-7641 or visit www.marriottgrandcayman.com.

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