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## Media Kit: Dining

### Introduces Island Inspired Cuisine

GRAND CAYMAN -- Grand Cayman Marriott Beach Resort delights guests with an island-inspired cuisine collection that pleases the pickiest of palates. Perfectly suited for casual lunches among friends or romantic evenings with loved-ones, the resort indulges guests with options to satiate any craving. Surrounded by white sand contrasting deep emerald and turquoise swirled waters, the 307-room resort beckons for visitors to taste Grand Cayman Island.

Named "Grand Cayman's Leading Hotel," by World Travel Awards, the resort recently underwent a \$15 million redesign that accommodated for a complete reinvention of all four restaurants and lounges. Reflecting the mellow nature of the Caribbean, each restaurant exceeds expectations with delectable delights that represent "Barefoot Elegance" created by expert chef Ron Hargrave, Grand Cayman's "Chef of the Year" in 2001. From cooking on the shores of Australia and in the mountains France, to charming southern samplers in Texas and metropolitan food critics in New York City, chef Ron displays excellence in tempting the taste buds of business clad convention attendees and sandy-footed beach goers alike.

Whether making memories on a milestone anniversary or mingling among friends in celebration of "finally taking that vacation," **SOLANA** is the fine dining experience at the resort. Open from brunch through dinner and poised atop a cozy, canopy-covered patio perched directly on the beach, the restaurant is ideal for relishing breathtaking sunsets, afternoon summer breezes and the soft swishing sounds of the Caribbean shore. Laced with white linens sprinkled by brightly colored place settings and surrounded by vibrant displays of tropical orchids, the ambiance suggests fine dining while maintaining the calm charisma of Grand Cayman.

Creating the ideal scene for an after-supper saunter, **SOLANA** is the only truly beachfront fine dining experience on Seven Mile Beach. Diverse delights range from Curry Infused Chilean Sea Bass and Porcini Encrusted Lamb Cutlets to refreshing daytime dining with Caymanian Turtle Fritters and spicy Jerked Calamari.

Alive with energy and fragrant with aromas of island spices, **RED PARROT** is open three meals a day, allowing guests to indulge in delicious meals at any hour. Detailed in deep reds, plush greens and vibrant blues, the restaurant offers a casual atmosphere and a warm welcome from its chatty Resident Parrot, "Ruby." **RED PARROT** allows guests to hit the snooze button several times and still enjoy a breakfast buffet overflowing with exotic fruit, homemade breads, fresh salmon and tempting made-to-order omelets. In the afternoon, **RED PARROT** is the perfect pit stop for savory sandwiches and scrumptious snacks like the Shaved Tenderloin of Beef Wrap and the Seared Tuna Pannini. Winding up a day of sunning, snorkeling and spa going, guests turn to **RED PARROT** for a stylish meal. At night, the restaurant becomes a colorful and aromatic spiced fusion bistro stacked with an array of dishes from creamy Conch Chowder with Plantain Spoons and Pistachio Crusted Grouper Filet to sensational sweets including the

traditional Coffee Cream Caramel Custard and decadent Cayman Bread and Butter Pudding.

Trendy travelers do not feel far from the metropolitan mingle at **BALBOA'S LOUNGE**. Located in the center lobby of the Grand Cayman Marriott Beach Resort, **BALBOA'S** is at the heart of the hotel's activity. Dotted with intimate two-top tables, soft candle lighting and oversized area rugs, the lounge brings a swanky savor of city life right into the lobby of the resort. Floor to ceiling glass windows showcase the outdoor courtyard alive with flowers from the Queen Elisabeth Botanical Garden, turtle lagoon and lush native plants. The outdoor patio, speckled with overstuffed sofas and chairs, invites local artists, musicians and cigar rollers to bring island culture right into the hotel. The extensive Martini menu tempts thirsty palettes with more than 100 versions of the beverage; from the "Green Flash" martini to a creamy Mudslide, there is a flavor for each hour of the day for a whole week. After trying the beverage menu, the delicious Tapas bar (offered all day long) is an essential chaser. From Shrimp Catlunia with Piquillo and Pepper Sauce and Croquetas de Jamon on the "warm menu" to the Salmon Marindo with Roasted Red Peppers and Asparagus on the "cold menu," **BALBOA'S** teems with authentic Spanish culture.

Slipping off snorkeling gear and fishing for food, guests gather on the beach at **SOL BAR** for light snacks and refreshing beverages. The sun-flushed bar offers an ample mid-day reboot for a morning filled with adventure. Boasting a birds-eye view of Seven Mile Beach -- a strip of ribboned white sand and turquoise waters punctuated by towering palm trees -- **SOL BAR** is known for its dynamic views, legendary "Green Flash" cocktail and smoky beach Bar-B-Q, a favorite among locals. Offering more than 200 choices of beverages, this "no shirt, no shoes, no problem" watering hole offers guests numerous options to refresh their palates with choices ranging from margaritas and daiquiris to mudslides and milkshakes. Aiming to please after-adventure appetites, **SOL BAR** serves up craveable creations -- from the Cajun Mahi Mahi Sandwich and the Vegetarian Focaccia to sweet Seasonal Fruit and savory Strawberry Smoothies.

After a day of food and fun, guests retreat to one of the freshly refurbished 307 rooms and suites. Drenched in tropical hues of gold, tangerine and avocado and accented with rich dark woods, all rooms offer high-speed wireless Internet, 310-thread count triple sheeting and marble bathrooms. Each room provides a private balcony for stunning views of the sea or the lush garden courtyard alive with indigenous plants and local wildlife. In-room amenities include a mini refrigerator, which can be pre-stocked from a menu and tailored to the guest's liking, bathrobe, personal safe, hair drier, iron and coffee maker.

The discovery of the Grand Cayman Islands by Christopher Columbus on his final voyage is where the New World began, and similarly a new world awaits at the **Grand Cayman Marriot Beach Resort**. For more information on planning a meeting or visiting for on vacation please call toll-free (800) 399-7641 or visit [www.marriottgrandcayman.com](http://www.marriottgrandcayman.com).

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For More Media Information

Mary Beth Tracy / Kerry Anne Watson

The Zimmerman Agency

(850) 668-2222

[mtracy@zimmerman.com](mailto:mtracy@zimmerman.com)