

Massage Therapies

The Kittitian Massage

This is the most popular of massage modalities, incorporating long flowing strokes designed to improve circulation, enhance lymphatic drainage and relax the body, bringing complete tranquility. Great for relief of tension & stress, leaving you relaxed and revitalized.

60 min US\$100

90 min US\$155

Therapeutic Massage

Focusing on the specific needs of the guest, this massage assists in reducing muscle tension. The massage is firmer and may incorporate stretching techniques to assist in relaxation of the muscles. Suggested prior to or after physical activities.

60 min US\$115

90 min US\$170

Love of Two (Prenatal Massage)

Designed for the expectant mother, this massage ensures the utmost care and comfort of the mother and unborn child. A pregnancy pillow eliminates the need for side lying by giving extra support and comfort to the upper chest, abdominal and lower back area.

60 min US\$110

Tango Massage

Two therapists, two guests, one great service! A perfect treatment for those who would like to share their massage experience with their significant other, friend or family member, a delight for the senses. Our 105 minute treatment includes a 15 minute private Jacuzzi bath or shower followed by a 90 minute massage.

60 min US\$230

105 min US\$330

In-Room Massage

Enjoy a Swedish or therapeutic massage in the privacy of your room or on your balcony.

60 min US\$140

90 min US \$210

Aromatherapy Massage

Based on the traditional European Aromatherapy this massage combines Swedish and lymphatic techniques and uses the purest essential oils. Four different blends allow you to tune into your senses. Leaving traces of aromatic essences, this is the massage of choice for those wanting to quiet their mind and cleanse their body.

60 min US \$105

80 min US\$160

Facials

Signature Emerald Mist Facial

This Aromatic, cleansing facial combines Shiatsu pressure point massage with a mask that utilizes the nourishing ingredients of wheat germ, sunflower, and linseed. This wonderful treatment is designed to hydrate, soften, revitalize, and rebalance your skin...

60 min US\$100

Herbal Deep Cleansing Facial

High performance results oriented facial. A Five-Step application process of tea tree, zinc and essential oils. Your skin experiences an instant feeling of purity balance and flow.

60 min US\$100

Renovator (Anti-Aging) Facial

Nourishment for mature skin at a cellular level by exfoliating with sunflower, cloves, thyme and lemon. Leave with younger, healthier looking skin

90 min US\$160

Coral Reef Gentleman's Facial

Men have discovered the benefits of healthy skin. Designed formulations are used to tone & cleanse the skin; a soothing head/neck/shoulder massage is included on the 90 minute treatment. A must try for every man.

60 min US\$90

Facial Peel

Sunset Peel

This ultimate facial peel uses a combination of Alpha and Beta Hydroxy acids to produce instant results. The home care system guarantees beautiful skin for the next 30 days. This treatment improves, texture, firmness and enhances the overall radiance of the skin by reducing fine lines, and imperfections, controlling acne, rosacea and oily skin. 25-minute treatment includes the peel & home care kit. 50-minute treatment includes a face, neck, décolleté and hand peel with a home care kit.

25 min US \$120

45 min US \$180

Body Wraps

Atlantic Algae

Our seaweed bodywrap features spirulina and ivy rich in protein, vitamins and minerals. Laminaria algae stimulate metabolism, draining toxins and impurities while replacing lost minerals. After cleansing, an aromatic oil application rich in lemongrass and sandalwood is applied.

60 min US\$125

Liamuiga Volcanic Mud

Volcanic mud rich in minerals and trace elements energizes, remineralizes and stimulates circulation. Followed by a volcanic mineral lotion application finalizes this earth shaking treatment.

60 min US\$125

Cool Caribbean Breeze

An all-in-one treatment combining a mosaic exfoliating powder to remove dull surface skin, an aromatic balm to hydrate the skin and a cooling gel with arnica to stimulate circulation. A luxurious shower and oil application follows the wrap. Amazing results for the skin.

60 min US\$125

Ooh Ahh Aloe/Lavender

This exquisite wrap delivers a blend of Aloe and Lavender designed to relieve the effects of dry itchy, sun damaged skin. Indigenous to St. Kitts, Aloe has long been known for its healing properties. The combination will cool and soothe your skin. Sun lovers will worship it almost as much as the sun.

30 min US\$60

Blissful Aroma Balm

Delight in this aroma-filled sense-ational treatment. This wrap allows you to personally choose from 4 different aroma balms of relax, flow, detox and tonic. The results are mood altering as the therapeutic benefits of pure essential oils bring balance to the mind, body and spirit.

30 min US\$60

Vichy Shower Body Scrubs

Mango Sugar

Derived from natural sugars, this Emerald Mist original stimulates circulation and exfoliates dull surface skin. A generous lotion application leaves behind the fresh scent of mangos.

60 min US \$100

Creamy Pearl Polish

A gentle cream exfoliation lathered in a rich luscious shower/bath gel rinsed in our Vichy shower followed by moisturizing body milk. Ideal for sensitive skin.

60 min US \$100

The Quick Polish

Mixtures of exfoliate and gel all in one product. A refreshing Vichy shower will rinse away the impurities of the world. This is the ideal treatment to combine with a wrap or massage.

30 min US \$65

Nail Services

Signature Manicure

This deluxe, citrus "facial for the hands" is the ultimate anti-aging treatment. An intense 2-step citric acid activator and exfoliator will restore your skin to a more youthful appearance. A hand and arm massage followed with a perfect polish or buff of the nails to top it off.

60 min US\$50 (add \$10 for French)

Signature Pedicure

Refresh your feet with a eucalyptus and tea tree oil bath with a peppermint exfoliation scrub. Enjoy a cool cucumber heel therapy to reduce calluses and beautiful massage with a minty cool gel to relax. Includes polish or buff.

80 min US \$85 (add \$10 for French)

Classic Manicure

30 min US \$35

Classic Pedicure

60 min US \$55

Nail Repair

US \$10 /nail

Polish Change

US \$15

Hair Services

(Please call the spa for pricing)

Haircuts, styling, perms, conditioning treatments, color, highlights, and updos are just a sampling of the many hair services available. Pricing varies depending on hair length and condition.

We also provide for your convenience:

- ✂ Waxing
- ✂ Paraffin Treatments
- ✂ Professional Make Up

St. Kitts Marriott Resort West Indies

Spa Services Brochure

Imagine a place where the weary stress of everyday life does not exist. Where soft, organic colors embrace and soothe you, while all your needs and desires are anticipated and surpassed. Imagine the gentle rain of the Caribbean falling amongst Indonesian bamboo, Turkish marble, Italian tile and Roman baths. Where your **Mind, Body and Spirit** are treated as One.

Some dreams can come true.

Welcome

The Emerald Mist Spa

To begin your spa experience please dial ext. 7630

Any appointments booked will be subjected to our 4 hours cancellation/rescheduling policy which states appointments will be charged the full price of the treatment unless cancelled/rescheduled with 4 hours or more notice.