

## Body Waxing

Perfectly smooth results with expert technique. After waxing, skin stays silky and smooth for weeks later with no irritation or shadow.

Half leg	\$40
Half leg with bikini line	\$55
Full leg	\$65
Full leg with bikini line	\$90
Bikini line	\$35
Under arm	\$25
Lip or chin wax	\$12
Brow arching	\$15
Full arm	\$40
Back or chest	\$60

## Deluxe Facilities

Maintain your fitness program by working out in our state-of-the-art health club.

### Personal Training

A fitness and exercise professional will supervise your routine and guide you through an efficient and safe workout. Approximately one hour of personalized care, valuable information and helpful hints.

1 session - 5 sessions \$50/\$225

### Amenities

Eucalyptus Steam Room	Televised Fitness Room
Saunas	Towel Service
Full Service Locker Rooms	Spa Shop

### Hours:

Health Club:	6:30am to 10pm, 7 days a week
Spa:	9am to 8pm, 7 days a week

# Spa Treatment Menu



Located at Marriott Frenchman's Reef  
**Dial extension 6802**  
 On Level 2 in the main building

## Massage Therapy

Reduce tension and relieve the negative effects of everyday stress. Our expert massage therapists will help restore your sense of well-being.

### LaStone Therapy

Lastone Therapy is one of the fastest growing forms of massage in spas today. Through the use of 54 hot basalt stones and 18 chilled marble stones, this ultimate thermo therapy massage eases tight muscles, relieves stress and alleviates tension. You are sure to be in a state of relaxation that almost defies explanation.

50 or 80 minutes	\$120/\$170
Aromatherapy	\$10 <i>additional</i>

### Aromatherapy Body Massage

A body treatment using natural and essential oils from herbs and flowers which relieves stress, improves the skin, builds energy, relaxes muscles, nerves and promotes detoxification.

50 minutes	\$95
In-room	\$110
80 minutes	\$130
In-room	\$145

### Therapeutic Massage

No visit to the spa is complete without our special massage. Our certified and licensed massage therapists are trained in Swedish, deep tissue and sports massage. Our therapeutic massage will be sure to calm the nervous system and provide mind and body balance.

50 minutes	\$85
In-room	\$100
80 minutes	\$120
In-room	\$135

**Deep Tissue/Sport Massage** requires a \$30 surcharge.



### Lastone Reflexology

With the use of heated hand and foot stones, let our therapists melt away your tension, release blockages and re-establish your body's energy flow.

25 minutes \$65

### Reflexology

Pressure with the thumbs and fingers is applied to the hands and feet to release blockages and re-establish the body's energy flow.

25 minutes \$50

*Please shower before all massage and body treatments.*



# Body Treatments

Experience spa body treatments for their revitalizing and therapeutic effects.

## **Tropical Salt Glow**

Mineral-rich sea salt, dried seaweed and fruit enzymes combine to smooth and silken the entire body. Includes dry body brushing, friction massage and gentle buffing. Customized with hydroxy acids or a botanical detox complex. \$70

## **Mango Indulgence—Sugar Polish Wrap**

Silky skin is just a treatment away with our signature mango sugar wrap. Begin this Caribbean journey in indulgence with a thorough exfoliation using our sumptuous mango scrub. This is followed by a hot towel wrap and relaxing scalp and foot massage. Finished with an application of mango hydrating lotion. \$75

## **Detoxifying Sea Mud Wrap**

Detoxify, exfoliate and nourish your body with a purifying seaweed and mineral mud poultice, sealed in a warm, relaxing wrap. Infused with aromatic botanical extracts, detoxifying algae and fruit enzymes, this treatment leaves the skin smooth and supple. \$75

## **After Sun Aloe Wrap**

Reward your skin after exposure to the strong Caribbean sun. An ultra-soothing, hydrating treatment personalized with aromatherapy oils, oceanic algae or hydroxy acids. A pure, natural aloe-based pack is swaddled in a thermal wrap to infuse the skin with moisture. Ideal for calming skin and preventing peeling. \$75

# Skin Care Treatments

These therapeutic treatments are tailored to meet your individual needs, targeting specific concerns.

## **Island Tan “Mon”**

Our exclusive light tanning treatment is a day at the beach without the sun’s damaging effects. After a full-body exfoliation, an esthetician will apply Flawless, a DHA-activated tanning cream. A quick pass of our special light ensures an even and streakless application. Take the bottle and light home to maintain your Flawless Tan. 50 minutes \$150

## **Multi-Vitamin Power Facial**

The latest in vitamin repair and hydroxy acid exfoliation, this treatment includes a non-irritating vitamin power exfoliation and vitamin recovery masque to noticeably improve skin elasticity, tone and texture. This facial also includes our latest Multi-Vitamin Hand and Nail Treatment. 50 minutes \$95

## **Aromatherapy Deep-Pore Cleansing Facial**

A traditional facial to cleanse, nourish, and moisturize. Deep cleansing is followed by a gentle enzyme peel to reveal smooth, glowing skin. The aromatherapy face, neck and shoulder massage will fully relax you. A soothing masque followed by a nutrient-rich moisturizer will hydrate, protect and restore your skin’s natural balance. 50 minutes or 80 minutes \$85/\$120

## **Mini-Cleansing Facial**

A gentle cleansing with an exfoliation, toner, moisturizer and masque. A great addition after a massage or during a body wrap. 30 minutes \$55

## **Sports Facial For Men**

Our men’s treatment is designed to help alleviate and reduce shaving bumps, irritation and scraping. Your skin care therapist will customize a treatment program that is right for you. Includes massage of neck, face, shoulder and scalp for stress reduction. 50 minutes \$85



## **Environmental Control Facial**

This facial addresses sensitivity caused by environmental factors such as sun, pollution, heat, cold, stress and chemicals (including cosmetics). A calming cleanser is followed by Bio-Peel and steam. A colloidal oatmeal masque and Dermalogica’s Soothing Protection Spray and Barrier Repair leave skin refreshed and protected. 50 minutes \$95

## **Medicated Clearing Facial**

A facial for oily and acneic skin conditions. This treatment includes extractions, pressure point massage and utilizes Dermalogica’s Anti-Bac Skin Wash, Post Extraction Solution, Sebum Control Serum and Anti-Bac Cooling Masque among other products. 50 minutes \$95

## **Back Facial**

This treatment begins with a deep cleanse and exfoliation. A relaxing back and neck massage is followed by a soothing and detoxifying sea mud masque. This facial will purify your skin, leaving it smooth and supple. Products used may vary depending on skin condition. 50 minutes \$80

# Spa Packages

## **Reef Sampler**

Enjoy a mineral salt scrub to prepare your skin for a nourishing Sea Mud Wrap. A full session therapeutic massage or facial is the finishing touch that will leave your body in a state of bliss. Approximately 2 hrs \$210

## **Magen’s Bay Delight**

Your choice of any one of our body treatments followed by a European Deep-Pore Facial and a full session therapeutic massage. 2 1/2 hrs \$220



## **Morningstar Trio**

Choose one each of our 50-minute or longer body treatments, facials and massages and receive a 10% discount. All treatments must be booked together with one individual.

## **Cancellation Policy**

Treatment times selected are reserved especially for you. There is a 50% charge for any changes or cancellations to appointments with less than 8 hours notice. All no shows will be charged in full. As a courtesy to following clients, late arrivals will receive only the remaining available appointment time.

Spa packages currently reflect discounted prices. No other coupons or discounts apply.

# About Your Spa Experience



We are pleased to offer the ultimate spa experience, including use of our fitness center, full-amenity locker rooms, eucalyptus steam bath and saunas.

## ***Do you need help with choosing your treatment?***

Our spa receptionist will help you plan the perfect spa experience based on your needs.

## ***Do you have special health considerations?***

Please notify our spa receptionist before booking your treatments if you are pregnant, have high blood pressure, allergies, any physical ailments, or disabilities.

## ***When should you arrive?***

We suggest you arrive 15 minutes prior to scheduled service time.

## ***What should you wear during your services?***

Most body treatments are enjoyed without clothing. However, please wear whatever is comfortable for you. During all treatments, the body is fully draped, except for the area being worked on. Before and after your treatments, a robe and sandals are provided for you. Please leave valuable items at home or in your guest room. Lockers are available for your personal items while you are in the spa.

## ***Should you shave before a treatment?***

Shaving is recommended for men prior to a facial. If you do choose to shave, please do so at least two hours prior to your scheduled treatment. Shaving is not recommended prior to any body treatment or hair removal services.

***What if you arrive late for an appointment?***

Arriving late will simply limit the time for your treatment, thus lessening its effectiveness and your pleasure. Your treatment will end on time so that the next guest will not be delayed. The full value of your treatment will be applied.

***What is the cancellation policy?***

Treatment times selected are reserved especially for you. There is a 50% charge for any changes or cancellations to appointments with less than 8 hours notice. All no shows will be charged in full. As a courtesy to following clients, late arrivals will receive only the remaining available appointment time.

***How are payment and gratuities handled?***

We accept all major credit cards, personal checks, and travelers checks. You may also charge spa services to your hotel bill. A cash gratuity between 15-20 percent is recommended.

***What if you are pregnant?***

While there are a few services that should be avoided during pregnancy, there are many beneficial treatments that can be enjoyed after your first trimester. When you are making your reservation, please notify our spa receptionist if you are pregnant.

***Are gift certificates available?***

Spa gift certificates are a wonderful way to give the gift of health, relaxation, and beauty to the special people in your life. They are fit for any occasion and can be purchased at the spa front desk or by phone. Gift certificates can be purchased for any dollar amount or for any specific services.

**The Reef Health Club and Spa**

Located at Marriott Frenchman's Reef

On Level 2 in the main building.

**Dial extension 6802**